



PHG 112 PG 102

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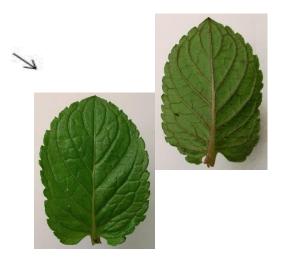


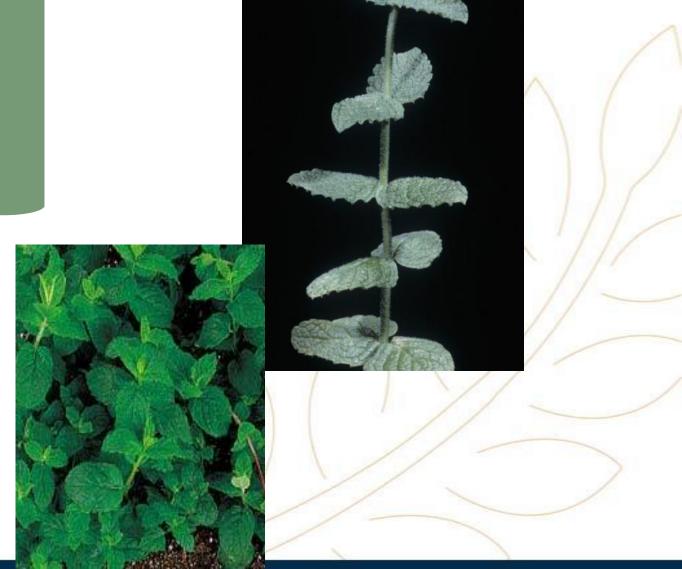
By the end of the lecture, students should be able to demonstrate knowledge of:

Herbs containing volatile oils *e.g.* mentha, thyme, basil, rosemary and artemisia

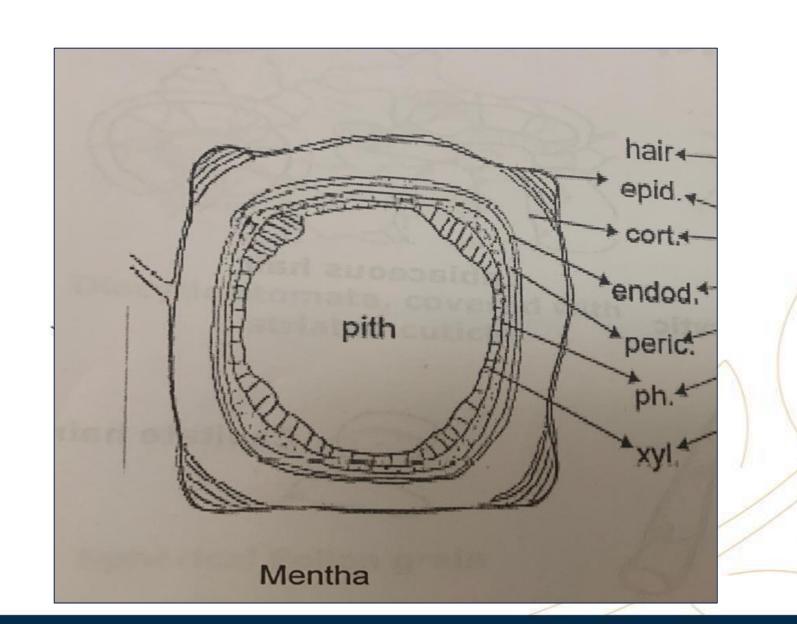
PEPPERMINT HERB

Origin: Is the dried leaves and flowering tops of *Mentha piperita*F. Labitae





T.S of Mentha Herb:



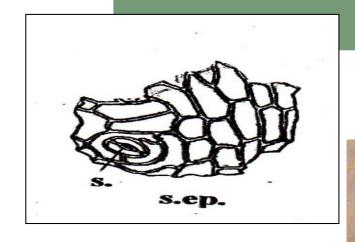
Powder:

Odour: aromatic

Taste: aromatic

with cold sensation

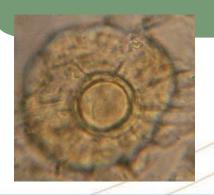
Epidermal cells of the leaf with diacytic stomata.

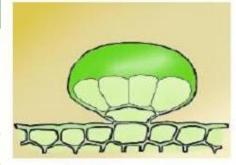


Multicellular, uniseriate non glandular trichomes and glandular labiaceous hairs and unicellular stalk unicellular head hairs

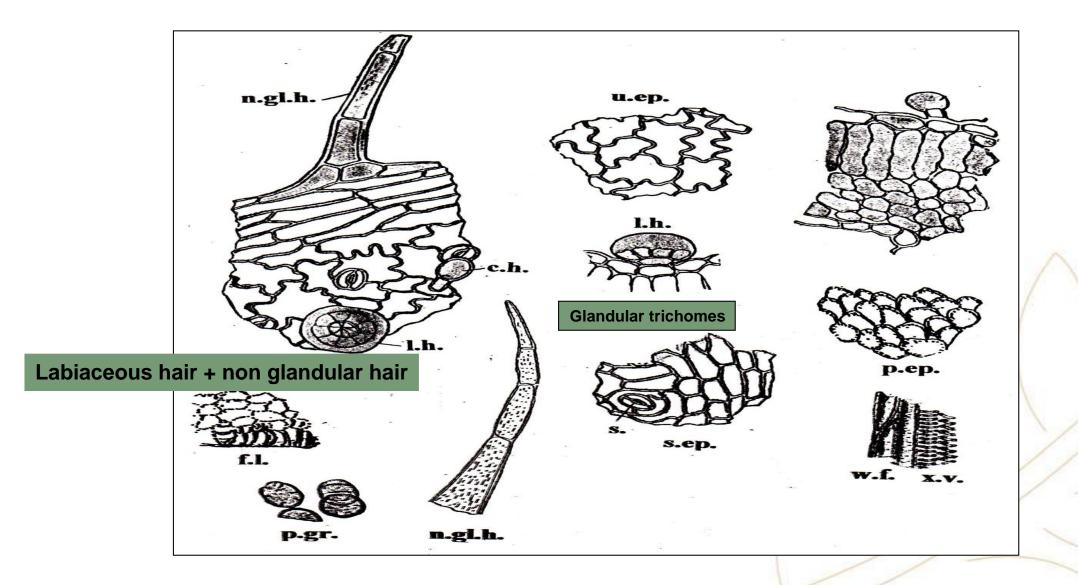
Smooth spherical pollen grains







Powdered Mentha





1-Volatile oil mainly menthol, menthyl acetate, menthone & menthyl isovalerinate

2-Tannins

3- Flavonoids

USES:



• Local action: antipruritic, mild local anesthetic and antiseptic

• Systemic action: carminative and gastric sedative

• Flavouring agent

Candies& chewing gums









tooth paste

cigarette

CHEMICAL TEST

1- Oil with a mixture of glacial acetic acid and nitric acid give blue colour change to golden yellow when heating on water bath

2-Few dps of Few dps of vanillin/H₂SO₄ vanillin/H₂O Few dps of conc. H₂SO₄ **Crystals** Orange yellow colour Violet colour

Thyme herb

Thyme is the dried leaves and flowering tops of *Thymus vulgaris* Family Labiatae.



Odour : aromatic
Taste: aromatic
pungent.
The herb is short,
grayish brown
and hairy

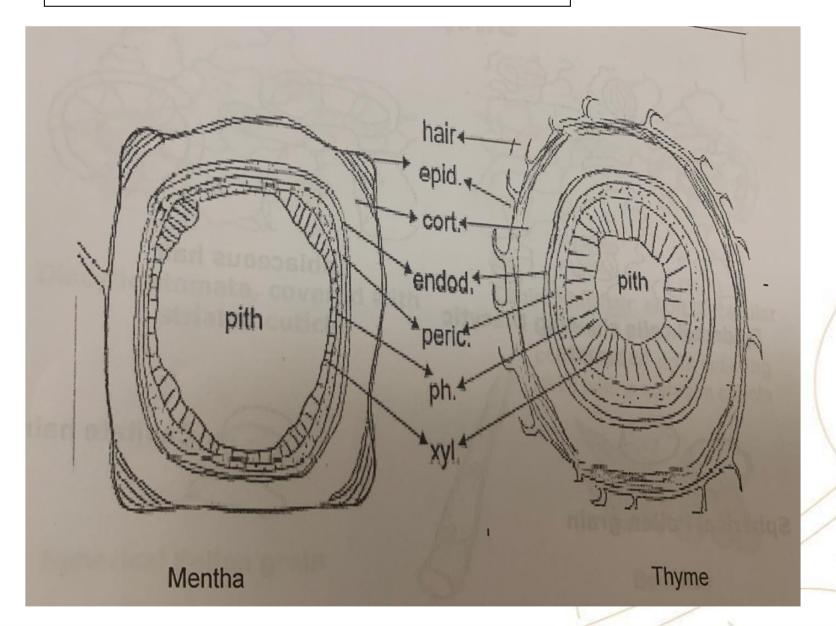
Active
Constituents

Volatile oil
Thymol, Carvacrol
Linalool, Broneol
and Bornylacetate.

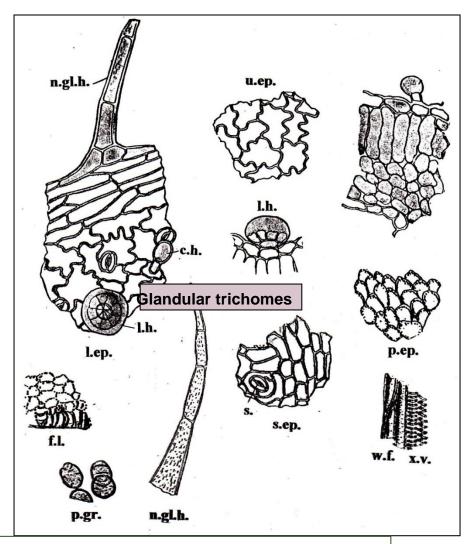
Chemical test

Thymol crystals + 1 ml glacial acetic acid + 6 drops conc H_2SO_4 + 1 drop $HNO_3 \rightarrow$ deep bluish green

T.S of Mentha & Thyme Herb:



Powdered Mentha



Labiaceous hair + non glandular hair

Powdered Thyme

Non glandular hairs are present on both surfaces being uniseriate sharply pointed often bent near the base as well as labiaceous hairs.



USES

- 1- Used for bronchitis, whooping cough and upper respiratory tract infections.
- 2- The oil is used as carminative, antispasmodic



4- Antifungal for skin infection









Sweet basil (ocimum) herb

The dried leaves and flowering tops of *Ocimum basilicum* L. Family Labiatae





ACTIVE CONSTITUENTS 1-Volatile oil mainly linalool, eugenol, geranial, methyl eugenol, 1,8-cineole, and other compounds.

2-Tannins

3- Flavonoids& phenolic acids

USES

- Antiviral activity toward SARS-CoV-2. due to its monoterpenes and flavonoids
- Antibacterial
- Leaf extract administered orally had the potential to improve neuromuscular coordination, active behavior, the ability to recognize objects, and short-term memory
- A great wound healing ability
- Antiinflammatory effect
- Combat <u>anxiety</u>, <u>depression and insomnia</u>
- Aid in weight loss.

Rosemary Herb

The dried leaves and flowering tops of

Rosmarinus officinalis L. Family Labiatae





ACTIVE CONSTITUENTS

1-Volatile oil mainly 1,8cineole, α -pinene, α terpineol, verbenone, limonene, bornyl acetate, terpinolene and camphor

2-Tannins

3- Flavonoids & phenolic acids

USES

- Antioxidants and anti-inflammatory compounds
- •Enhancing memory and concentration &prevent brain aging
- •Antioxidant and anti-inflammatory in the treatment of diabetes mellitus and its complications

AS A COSMECEUTICAL

- •Rosemary helps to balance sebum
- •Protect skin cells from damage
- •Acts against UV-induced and pollution-induced skin aging and against cutaneous inflammation.
- •Stimulates hair growth and reduce hair fall. It also helps to reduce scalp inflammation.



Artemisia herb

The dried leaves and flowering tops of

Artemisia annua L.

Family Asteraceae



ACTIVE CONSTITUENTS 1-Volatile oil mainly
Monoterpenes such as
Artemisia ketone, camphor,
camphene, borneol, a-pinene,
and 1,8-cineole
sesquiterpenes; such as

2-Artemisinin

3- Coumarin

Germacrene A

USES

•Artemisinin is well established for the <u>treatment of malaria</u>, including highly drug-resistant strains

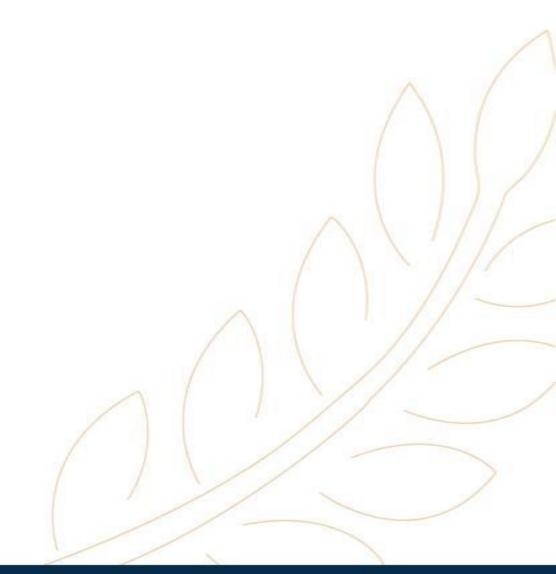
Anti viral against SARS-CoV-2 and its rapidly evolving variants

- Anti inflammatory
- •Anti cancer

•It is considered as a promising component to be used in wound healing applications



Activity





Thank You!

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